

A man with a mustache and glasses, wearing a white shirt and blue jeans, is performing a wheelgymnastics move. He is holding a large blue hoop with both hands and is in a dynamic pose, leaning back with one leg extended. The background is a stage with various banners and flags.

WELCOME

IRV Academy Community Online Event

13. April 2023



AGENDA

IRV Academy Community Online Event

1. Review IRV Academy activities of the last year
2. Tell us what you think
3. Outlook next Academy year
4. Community contribution
5. Possibility to chat





1

Review IRV Academy activities of the last year



1 REVIEW IRV ACADEMY ACTIVITIES

New content for Cyr Wheel and Gym Wheel

- More Academy Coaches
- «How to...» videos
- Home Workouts (last activities 2021)
- eBook by Cheyenne Rechsteiner

About the Academy

We build the academy of Wheel Gymnastics to create, collect and spread knowledge to everyone

Purpose of the IRV Academy Team

It is one of the key activities of the IRV to create, collect and spread knowledge about the sport of wheel gymnastics across all five continents. We have initiated our #WheelGymnastics Academy as a platform for coaches around the world to share their knowledge and help others to grow.

[SEND E-MAIL TO IRV ACADEMY TEAM](#)

1 REVIEW IRV ACADEMY ACTIVITIES

IRV Academy Hollywood Days 2022

- 26th / 27th March 2022 in Eupen (Belgium)
- 11 coaches from 6 different countries
- Material for more than 30 «How to...» videos
- Made available for free one after the other on the IRV platforms each Monday



1 REVIEW IRV ACADEMY ACTIVITIES

We worked hard, but it was also a lot of fun!



Let's watch a short teaser!



1 REVIEW IRV ACADEMY ACTIVITIES

Let's watch a short teaser!

https://youtu.be/I-H_UoP3oQY

2

Tell us what you think

2 TELL US WHAT YOU THINK



The IRV Academy is meant for the Community – thus, **for you!**

Regarding the **IRV Academy**, we want to know:

- Do you like the How to... videos? Are they helpful? Is the format useful?
- Are you missing something particular?
- What are your expectations?
- What contents should be addressed?

3

Outlook next Academy year



3 OUTLOOK NEXT ACADEMY YEAR

What we have planned for the **next IRV Academy year**:

- Restructuring of the List of Academy Coaches → easy access to contact Coaches
- Academy Coaches should make regular contributions to the IRV Academy
- Bring all the content online that we already have or of which we know that it exists
- IRV Academy Hollywood Days 2023 or 2024!

To achieve these goals, we have to talk about...

4

Community contribution



4 COMMUNITY CONTRIBUTION

The Academy lives through the Community!

There are many ways to contribute:

- Create new content (will be reimbursed!)
- Send us content that you already have (will be reimbursed as well!)
- Become an IRV Academy Coach
- Participate in the next IRV Academy Hollywood Days
- Revise material that we already have but that can not be published in this form
- Tell us what you are good at and we will surely find a task for you ☺

If you would like to participate in Academy Activities, **contact Sabine**
(skrumm@wheelgymnastics.sport or academy@wheelgymnastics.sport)

5

Possibility to chat



LET'S TALK

A young person with curly hair is performing a trick on a wheelchair. They are wearing a black tank top with a red, yellow, and green striped collar, and leggings with a colorful geometric pattern. They are in a dynamic pose, leaning forward with one leg extended and arms outstretched. The background shows a gymnasium with spectators seated in the bleachers.

THANK YOU

LET'S SPREAD OUR KNOWLEDGE ABOUT
WHEEL GYMNASTICS!

Wheel Gymnastics World Championships 2022, Sønderborg (DNK) - May 23rd-28th 2022

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