



Internationaler  
Rhönradturn-Verband

# **International Wheel Gymnastics Federation**

# **Competition Rules 2024**



# International Wheel Gymnastics Federation (IRV)

## Competition Rules 2024

The **IRV Competition Rules** are prepared by the IRV.

The **IRV Competition Rules 2024** were approved by the IRV in September 2023.

### **Contents**

<b>1. Competition Framework</b>	<b>3</b>
1.1 Age groups	3
1.2 Competitions	3
1.3 World Championships competition categories	4
1.4 Team World Championships	10
1.5 Eligibility	11
1.6 Registration	12
1.7 Code of Conduct	16
<b>2.</b>	<b>18</b>
2.1 Competition organisation	18
2.2 Competition committee	18
2.3 Competition equipment	18
2.4 Competition clothing	19
2.5 Competition areas	20
2.6 Starting order Gym Wheel	21
2.7 Starting order Cyr Wheel	24
2.8 Warm up	24
2.9 Pocket Cards	24
2.10 Delegation leaders, coaches, physiotherapists	24
2.11 First Aid	25
<b>Appendix: Additional Cyr Wheel Competition</b>	<b>26</b>



## 1. Competition Framework

### 1.1 Age groups

---

Junior girls/boys            14 - 18 years (see also 1.5.2)

Senior women/men        16 +

### 1.2 Competitions

---

The Executive Board of the IRV is the regulatory body for all official international competitions and decides on the location of world championship events.

#### General requirements for hosting World Championships

World Championships may only be hosted by member countries of the IRV. Applications from national associations should be submitted at least two years in advance. Documentation of suitability as a world championships organiser must be available on application (general infrastructure, sports halls, accommodation, catering etc.).

#### Individual World Championships

Individual World Championships are held every second year (even years - 2016, 2018, 2020 etc.). Individual World Championships are held in the junior and senior category. The IRV Competition Rules and International Code of Points provide the documentation necessary to host the championships.

#### Team World Championships

Team World Championships are held every second year (uneven years – 2017, 2019, 2021 etc.). The IRV Competition Rules and International Code of Points provide the documentation necessary to host the event.

Team World Championships are held in the junior and senior category. The participating teams for the Team World Championships are decided as follows: The **best four junior** AND the **best four senior** teams from the previous World Championships, provided that one of these eight teams is from the Team World Championships hosting country. If the host country is not among the best four senior OR junior teams from the previous World Championships, then only the **best three senior** OR the **best three junior** teams from the World Championships plus **one senior OR junior team from the host country** will take part at the Team World Championships.

**NB:** The host country should make it known before the previous individual world championships whether it is interested in entering a team for the team world championships. It is not compulsory for the host country to enter a team.

### 1.3 World Championships competition categories

#### 1.3.1 Gym Wheel

Gym Wheel	straight-line	spiral	vault
<b>All Around Semi-Finals</b>			
junior girls	x	x	x
junior boys	x	x	x
senior women	x (to music)	x	x
senior men	x (to music)	x	x
<b>All Around Finals</b>			
junior girls	x	x	x
junior boys	x	x	x
senior women	x (to music)	x	x
senior men	x (to music)	x	x
<b>Individual Finals</b>			
junior girls	x	x	x
junior boys	x	x	x
senior women	x (to music)	x	x
senior men	x (to music)	x	x

#### 1.3.2 Cyr Wheel

Cyr Wheel	technical programme	artistic programme
<b>All Around</b>		
senior women	X	X (to music)
senior men	X	X (to music)

**NB: In Cyr Wheel, there is currently only one world title for women and one for men. However, an additional "battle" style event for Cyr will be organised alongside the World Championships (see Appendix for details).**

#### 1.3.3 All Around Competition Gym Wheel

##### Juniors:

- In the **Junior All Around** competition there is a Semi-Final (qualification round) for all junior competitors.
- The girls and boys with the best combined scores from this Semi-Final will proceed to the Junior All Around Final (see 1.3.6).



- All competitors are included in the results from the All Around competition even if they do not compete in all disciplines.
- The All Around Semi-Final Competition is also the qualifying competition for the individual discipline finals.
- In order to qualify for the individual discipline finals, competitors are permitted to compete in only one or two disciplines in the All Around Semi-Final Competition.

### Seniors:

- In the **Senior All Around** competition there is a Semi-Final (qualification round) for all senior competitors.
- The women and men with the best combined scores from this Semi-Final will proceed to the Senior All Around Final (see 1.3.6 a).
- All competitors are included in the results from the All Around competition even if they do not compete in all disciplines.
- The Senior All Around Semi-Final Competition is also the qualifying competition for the individual discipline finals.
- In order to qualify for the individual discipline finals, competitors are permitted to compete in only one or two disciplines in the All Around Semi-Final Competition.

### General:

- A **maximum of five gymnasts** per country may compete in each competition category (e.g. junior girls).

### 1.3.4 Individual Disciplines Gym Wheel

- All those competing in only one or two disciplines, compete within the All Around qualifying competition.
- All competitors have a chance of qualifying from the All Around Semi-Final to the individual discipline finals.
- The minimum scores required to reach a final (for all three GymWheel disciplines) are:

**Juniors**                      **10.00 points** (Vault → best of two vaults)

**Seniors**                      **12.00 points** (Vault → best of two vaults)

### **1.3.5 Qualification for Team World Championships**

---

- There is no separate qualifying competition for the Team World Championships. Qualification for the Team World Championships takes place **within the framework of the Junior All Around Semi-Final and the Senior All Around Semi-Final**.
- A **maximum of one Junior and one Senior team per country** can qualify for the Team World Championships. In the qualification each team must consist of **minimum four, maximum six gymnasts** (junior/senior, male/female mixed). Teams that consist of less than four gymnasts aren't tolerated.
- Juniors are allowed to participate in senior teams. Seniors are not allowed to participate in junior teams.
  - Each gymnast may only be member of one team.
  - A total of **6 routines** will count towards the team score:
    - **2 x straight-line (senior teams to music)**
    - **2 x spiral**
    - **2 x vault**

**NB: Each team member must perform in at least one discipline and no team member may perform more than once in the same discipline.**

- All gymnasts registered for the Team World Championships Qualification **have to take part in the Junior All Around Semi-Final or the Senior All Around Semi-Final in their designated team discipline(s)**.

Example: Gymnast XY is registered for the World Team Championships Qualification for her country in the disciplines *straight-line* (to music) and *vault*. This means that she has to compete in these two disciplines in the All Around Semi-Final in order for her score to count towards the team qualifying score.

- The national team members' scores from the All Around Semi-Final in their designated disciplines will be used to decide which **four junior and four senior teams** will qualify for the **Team World Championships** the year after.
- The **lowest of the 6 individual scores received is discarded** and does not count towards the overall team score.
- In the case of a draw between two or more teams, these discarded scores will be used to determine which team places higher. If this does not separate the teams, the discarded scores (highest/lowest) from all six routines will be taken into consideration. If it remains impossible to separate the teams, lots will be drawn to decide which teams go through to the final.

- **After having qualified, teams may change their members for the Team World Championships, i.e. a team does not have to have the same line-up as in the Qualification. The team line-up for the Team World Championships must follow the general age limits valid for the year the competition takes place. See also 1.1. and 1.5.2.**

### **1.3.6 Finals Gym Wheel**

---

#### **a) All Around Finals Gym Wheel**

##### **Juniors:**

- There is **a separate Junior All Around Final.**
- The junior girls and junior boys All Around Semi-Final will determine which gymnasts take part in this final. Only the results of girls and boys who started in all three disciplines (straight-line, spiral and vault) are taken into account.
- The six girls and six boys with the best combined scores (straight-line + spiral + vault) will qualify for the Junior All Around Final.
- The World All Around Junior Champions (girls and boys) are decided in the Junior All Around Final. The World All Around Junior Champion will be the competitor with the highest combined score of the three disciplines, straight-line, spiral and vault.
- The total number of gymnasts permitted in the Junior All Around Final can increase given equal scores of two or more gymnasts. The definition of an "equal score" in this case is not only that the final scores of the gymnasts are equal, but also the total of the scores awarded by all the judges (i.e. 4 scores for execution and composition + 1 score for difficulty) are equal.
- **NB: There is no limit regarding how many gymnasts per country may qualify for the All Around Final.**
- The maximum number of gymnasts is eight. In exceptional circumstances (nine or more qualified finalists), the competition committee will decide who will take part in the final.

##### **Seniors:**

- There is **a separate Senior All Around Final**
- The senior women and senior men All Around results will determine which gymnasts take part in this final.



- Only gymnasts who compete in all three disciplines in the All Around Semi Final are able to compete in the All Around Final. Only the results of women and men who started in all three disciplines (straight-line, spiral and vault) are taken into account.
- The six women and six men with the best combined scores (straight-line + spiral + vault) will qualify for the senior All Around Finals.
- The World All Around Senior Champions (men and women) are decided in the Senior All Around Final. The World All Around Senior Champion will be the competitor with the highest combined score of the three disciplines, straight-line, spiral and vault.
- The total number of gymnasts permitted in the Senior All Around Final can increase given equal scores of two or more gymnasts. The definition of an "equal score" in this case is not only that the final scores of the gymnasts are equal, but also the total of the scores awarded by all the judges (i.e. 4 scores for execution and composition + 1 score for difficulty [+ 2 scores for musical interpretation]) are equal.
- **NB: There is no limit regarding how many gymnasts per country may qualify for the All Around Final.**
- The maximum number of gymnasts is eight. In exceptional circumstances (nine or more qualified finalists), the competition committee will decide who will take part in the final.
- The All Around Semi-Final is also the qualifying competition for the individual discipline finals.
- In order to qualify for the individual discipline finals, competitors may compete in only one or two disciplines in the All Around Semi-Final.

#### **b) Individual Finals Gym Wheel Juniors and Seniors**

- The **best six gymnasts** in each discipline during the All Around Semi-Final go through to the **final** in that discipline.
- The **starting order** in the finals will be established by a draw. There is only one draw for all three disciplines.
- The **organising country** is **guaranteed two places in the individual finals** (junior and/or senior) according to the following rules:
- If the organising country has two or more finalists qualified for the individual finals (based on the results from the All Around Semi-Final), no additional places will be awarded.,
- If the organising country only has one finalist qualified for the individual finals (based on the results from the All Around Semi-Final), one additional place in a final will be awarded.





- If the organising country does not have any finalists qualified for the individual finals (based on the results from the All Around Semi-Final), two additional places in a final will be awarded.

[**NB:** Places in a final can only be awarded to gymnasts who have taken part in the All Around Semi-Final (junior or senior) and have achieved the minimum score required to compete in a final.]

- In the case of two additional places in a final, the organising country decides whether to let one gymnast compete in two finals or two gymnasts compete in one final each.
- A maximum of **two gymnasts per country per discipline** can qualify for the individual discipline finals. The minimum scores required to reach a junior or senior final are:
  - **Juniors:**                    **10.00 points** (Vault → best of two vaults)
  - **Seniors:**                    **12.00 points** (Vault → best of two vaults)
- If this limit to the number of finalists per country results in an insufficient number of gymnasts qualifying for the final (see point 1.2.2 b), then an additional gymnast (provided he/she has achieved the qualifying score) per country will be admitted to the final. If there are still places in the final free, the same pattern will be followed until all six places have been occupied.
- In the case that fewer than six gymnasts achieve the qualifying score, the final may take place with fewer than six finalists.
- It is also possible (*if and only if* fewer than six gymnasts achieve the qualifying score) for the ITC in co-operation with the competitions officer, to allocate places in the final to gymnasts whose performance in the All Around competition/qualification is considered to be at a satisfactory level to compete in the final, but who have not achieved the qualifying score.
- The **minimum number of gymnasts in any final is four.**
- The total number of gymnasts permitted in a final can increase given equal scores of two or more gymnasts from any one country. The definition of an "equal score" in this case is not only that the final scores of the gymnasts are equal, but also the total of the scores awarded by all the judges (i.e. 4 scores for execution and composition + 1 score for difficulty [+ 4 scores for musical interpretation in the case of senior men/women straight-line]) are equal.
- The maximum number of gymnasts in a final is in general two gymnasts more than the regular number (see 1.3.6 b). In exceptional circumstances, the competition committee will decide who will take part in the final.



### **1.3.7 All Around Cyr Wheel**

---

- The **All Around Competition** is the only world championship competition in Cyr Wheel. Women and men compete in separate categories and perform a technical programme and an artistic programme. The woman and man with the best combined scores from this competition will receive the title Cyr Wheel World Champion.
- In addition to the All Around Cyr Wheel world championship competition, a “battle” style Cyr event will be organised with broad participation and prizes (see Appendix for details).

#### **General:**

- A **maximum of five gymnasts** per country may compete in each competition category (e.g. women).

### **1.4 Team World Championships**

---

- There are separate Team World Championships for juniors and seniors.
- Each team must consist of **minimum four, maximum six gymnasts** (junior/senior, male/female mixed). Teams that consist of less than four gymnasts aren't tolerated.
- Each team performs 6 routines as follows:
  - 2 x straight-line (senior teams to music)
  - 2 x spiral
  - 1 x vault
  - 1 elective routine** (either straight-line to music **OR** spiral **OR** vault)

A gymnast may perform **up to three exercises** – but **maximum** one exercise **per discipline**.

#### **Competition Format**

- Each team enters its gymnasts into the start list without knowing the order in which the other teams have entered their gymnasts.
- **When all the teams have handed in their line-ups, the starting list will be made public for the teams.**
- The competition will consist of six rounds. One gymnast per team will compete in each round.



- At the end of each round the gymnasts' scores will decide the order within the round (highest to lowest). The teams will be awarded points on the basis of this order:

Winner of the round:	4 points
Second place in the round:	3 points
Third place in the round:	2 points
Fourth place in the round:	1 point

- At the end of six rounds the sum of these points will give the final team scores.
- Each team has the opportunity to nominate **ONE JOKER** before the beginning of **one** of the six rounds. This joker means that the points obtained by the team for that round will be doubled. A joker has to be nominated **IMMEDIATELY BEFORE** the teams reveal which gymnasts are competing in the round.
- It is possible for all the teams to nominate their joker in the same round or for the jokers to be nominated in different rounds.
- In the case of a draw between two or more teams, the overall result of the "real" scores (scores given by the judges for each routine) will be used to determine which team places higher. If this does not separate the teams, the teams in question achieve the same place.

## **1.5 Eligibility**

---

### **1.5.1 General Start Authorisation**

---

**Only gymnasts from IRV member countries may take part at official IRV championships** (World Championships, Team World Championships). The minimum membership is an entry level membership, which is suitable for countries competing for the first time (with 1-3 gymnasts).

### **1.5.2 Minimum age and eligibility**

---

The minimum age for participation in the world championships is 14. The actual age of the gymnast at the time of the competition is not the deciding factor, but the gymnast must have his/her fourteenth birthday in the competition year.

Gymnasts who have their 16<sup>th</sup> birthday in the competition year (or older) **are allowed to** take part in the senior category. Gymnasts who have their 19<sup>th</sup> birthday in the competition year (or older) **must** take part in the senior category.

Gymnasts are not permitted to take part in the senior AND the junior category at the same World Championships.

**The competition committee can exclude gymnasts from participating in the competition due to medical/health/safety reasons.**

## **1.6 Registration**

---

### **1.6.1 Registration formalities for competitors**

---

Registration takes place through the official IRV member organisation.

Any gymnast wishing to participate in the world championships for an IRV member country must possess a valid nationality for that country. This means that any gymnast has to qualify for the world championships for the country of his/her nationality, even if this is not the country in which he/she trains and usually competes. A proof of citizenship (e.g. a passport or a copy of it) must be available for inspection (via the delegation leader) during the world championships.

The IRV Executive Committee can decide to give a gymnast the opportunity to compete in the world championships as an independent athlete if, due to exceptional circumstances, there is no country for which he/she is eligible to compete.

Examples of such circumstances could be (list is not exhaustive):

1. The country of the gymnast is banned from international sports competitions
2. The gymnast is stateless or has no valid nationality of any country
3. The gymnast lives (i.e. has permanent legal residency), trains and competes in a country without having that country's nationality and he/she is not eligible to compete in the qualifications of the country whose nationality he/she has.

Registration deadlines are sent with the registration documents and must be respected by the countries. Late registration will result in an additional fee (see below) and can lead to disqualification from the championships.

a) The following fees will apply for late registration:

- Pre-registration: € 10 per day
- Main registration: € 35 per day (up to 14 days after the deadline)

b) Registrations arriving later than this will not be accepted.

c) Registration alterations (e.g. de-registration) at the championships are only possible in the case of injury or illness.

### **1.6.2 Registration fees for competitors**

---

- A registration fee per competitor is payable.
- The fees are specified in the current version of the IRV Membership Regulations.

### **1.6.3 Registration formalities for judges**

---

- Each participating country at the World Championships must register **one judge per 4 competitors in Gym Wheel and one judge per 5 competitors in Cyr Wheel** (this is the same rule we had for the WC 2018).
- Countries that register **Gym Wheel and Cyr Wheel** competitors are permitted to nominate maximum **one judge** who is qualified to judge both Gym Wheel and Cyr Wheel.
- This means that these countries **can potentially reduce the number of necessary judges by one**.
- If a second Cyr Wheel judge is required (i.e. the country has more than 5 Cyr Wheel competitors), the second judge must be dedicated to Cyr Wheel only.
- **Judges are not permitted to compete at the championships.**

#### **Example 1:**

A delegation registers **gymnasts only for Gym Wheel competitions** (e.g. Austria). According to the numbers of gymnasts registered (9), this delegation has to nominate 3 judges for Gym Wheel.

Correct:           **Gym Wheel**

Judge **1**

Judge **2**

Judge **3**

#### **Example 2:**

A delegation registers **gymnasts only for Cyr Wheel competitions** (e.g. Australia). According to the numbers of gymnasts registered (1), this delegation has to nominate 1 judge for Cyr Wheel.

Correct:           **Cyr Wheel**

Judge **1**

### Example 3:

A delegation registers **gymnasts for Gym Wheel AND Cyr Wheel competitions** (e.g. Germany). According to the numbers of gymnasts registered for Gym Wheel (18) and Cyr Wheel (10), this delegation has to nominate 5 judges for Gym Wheel and 2 judges for Cyr Wheel.

<u>Correct 1:</u>	<b>Gym Wheel</b>		<b>Cyr Wheel</b>
	Judge 1		Judge 1
	Judge 2		Judge 2
	Judge 3		
	Judge 4		
	Judge 5		
<u>Correct 2:</u>	<b>Gym Wheel</b>		<b>Cyr Wheel</b>
	Judge 1		Judge 1*
	Judge 2	Cyr Judge 1 ←	Judge 2
	Judge 3	can also	
	Judge 4	judge	
	*-----	Gym Wheel	

**Attention:** Judges registered for both Cyr Wheel and Gym Wheel will be expected to judge MORE (in total) than judges registered only for Gym Wheel.

- All Gym Wheel judges must already have a judging qualification (written confirmation of judging competence), a copy of which will need to be submitted together with the main registration.
- All judges will be expected to complete an online judging tutorial before the championships as well as take part in the judging seminar to be held on arrival at the World Championships.

The ITC in co-operation with the IRV Judging Officer will decide which judges to use in the championships.

**If a country doesn't register a sufficient number of judges or does not make use of one of the options listed below, a fine of 350 € per missing judge will be imposed. In addition to this, the replacement judge's costs (travel, accommodation, full board) will have to be covered.**



Member countries that are unable to provide the required number of judges have the following options:

- a) It is possible to ask the IRV for help to find a judge. In this case, the member country must contact the IRV as soon as possible, **at the latest with the main registration**. A fee of € 100 for the placement of each judge is payable to the IRV. In addition to this the member country will be expected to cover all costs, including travel, accommodation and full board for the judge(s).
- b) It is also possible to make direct contact with another member country in order to "borrow" a judge for representation at the world championships. **In this case, the name of the judge must be submitted to the IRV Judging Officer for approval**. All practical arrangements regarding travel, accommodation, etc., must be agreed between the member countries and judge(s) concerned.
- c) Member countries with a total of **1-4 Gym Wheel gymnasts** registered for the championships are permitted to "share" their Gym Wheel judge. Maximum numbers must be respected.

E.g.:      Country 1    □ 1 Gym Wheel gymnast  
                 Country 2    □ 3 Gym Wheel gymnasts      }      2 Gym Wheel judges

- d) Member countries with a total of **1-5 Cyr Wheel gymnasts** registered for the championships are permitted to "share" a Cyr Wheel judge. Maximum numbers must be respected.

E.g.:      Country 1    □ 2 Cyr Wheel gymnasts  
                 Country 2    □ 3 Cyr Wheel gymnasts      }      2 Cyr Wheel judges

Further information about registration of judges may be obtained from the IRV Judging Officer.

**Attention:**

**National Registrations will not be accepted until the necessary number of judges is confirmed.**

## **1.7 Code of Conduct**

---

The following rules apply to everybody involved in a World Championships: e.g. all official delegation members, organising staff, helpers, spectators . . .

A copy of the code of conduct and the procedures in case of a violation must be signed at the beginning of each World Championships by every official delegation member.

### **1.7.1 Disorderly Behaviour**

---

All above-mentioned persons who behave disorderly (see 1.7.2) or violate any other rules related to the competition/training etc. in progress, may be disqualified and/or expelled from the competition/the gym.

### **1.7.2 Disqualification**

---

The following violations can lead to a disqualification and/or expulsion from the competition/sports hall:

- serious, deliberate delay of competition
- verbal or physical attack on a judge or other competition official
- public criticism of a score/scores or of a judge's/judges' work
- bribery or attempted bribery of judges and/or other competition officials
- unsporting behaviour towards other gymnasts or any other official member of a delegation. This includes disruption, mobbing and/or bullying, or aggressive behaviour.
- **Disqualification of a gymnast** means that the gymnast receives no score/s and is not listed in the table of results. A disqualification counts for all disciplines a gymnast is registered for, even if the disqualification happens after the end of a competition. Any diplomas and/or trophies received must be handed back. Accrued fees are not refunded.
- **Disqualification of a delegation leader/coach/judge/member of the paramedic staff** means that this person is immediately expelled from the gym. Additionally (depending on the seriousness of the disorderly behaviour), a hall ban for the next competition can be imposed.
- In the case of repeated disorderly behaviour of the same person/persons, the IRV reserves the right to disqualify and expel the person/persons in question permanently from all IRV competitions.





### **1.7.3 Procedure in case of a disqualification**

---

- A report of disorderly behaviour can only be made to the competition committee.
- A report can be made by anybody, and the competition committee is obliged to pursue any credible complaint. If the report/complaint is made by a member of the competition committee, he/she must be replaced for as long as the committee is processing the case.
- The gymnast/coach/judge etc. in question must be informed by the competition committee that a complaint about disorderly behaviour was reported.
- The competition committee decides whether to issue a warning or whether the disorderly behaviour warrants disqualification.
- If a situation demands immediate action against the person in question and s/he has to be led out of the gym, final scores awarded in her/his absence must be accepted.
- In case of a disqualification, the competition committee notes the person's name and the reason for his/her disqualification. Signed copies are handed to the disqualified person and her/his delegation leader and/or his/her national federation.
- A disqualification is final and cannot be disputed.



## 2. Competition Requirements & Guidelines

### 2.1 Competition organisation

---

All IRV world championship competitions are to be carried out according to the following IRV competition guidelines:

### 2.2 Competition committee

---

- a) The competition committee consists of:
  - a. The IRV Vice Presidents for Gym Wheel and Cyr Wheel
  - b. The IRV Competitions Officer
  - c. The IRV Judging Officer (or deputies)
- b) The three members of the complaints panel will be made public before the beginning of each competition. They must come from three different member countries.
- c) Protests are to be made in writing (on **official IRV Protest Template\***) and without delay to the competition committee (\* can be downloaded from IRV website).
- d) **Protests against execution scores are not accepted.**
- e) A deposit of € 50 is payable in the case of a protest.
- f) If the protest is successful the deposit will be returned.

### 2.3 Competition equipment

---

- a) Only normalised (international norm) wheels are to be used for international competitions. The local organising committee, together with the relevant national association/representative, is responsible for ensuring that there are enough wheels for warm-up and competition. The local organiser is responsible for ensuring that a transport insurance policy with sufficiently high coverage is taken out for all wheels that are borrowed for the event.
- b) The IRV Competitions Officer may delegate certain wheels for specific disciplines. The competitors may then only use these wheels for warm-up and competition in the specific disciplines.
- c) Bringing and using one's own wheels for warm-up and competition is only possible with the permission of the IRV Competitions Officer.

## **2.4 Competition clothing**

---

### **2.4.1 Gym Wheel**

---

All Gym Wheel gymnasts participating in IRV international competitions must comply with the following guidelines concerning competition clothing (for all disciplines except for straight-line with music):

#### **Women:**

- a) One-piece tight-fitting leotard or tight-fitting unitard
- b) One-piece leotard with tight-fitting gymnastics tights

#### **Men:**

- a) Men's leotard with tight-fitting gymnastics trousers
- b) Tight-fitting unitard

#### **The following applies for both women and men:**

- a) Gym shoes must be intact
- b) Wearing watches or dangling jewellery is not permitted
- c) Long hair must be tied back

#### **Gymnastics clothing for straight-line with music**

- a) Clothing must be tight so that the gymnast is not inhibited or endangered.
- b) Decorations in the form of sequins, buttons etc. must be tight-fitting and are only permitted in a very limited quantity.
- c) Hair and make-up must be simple and discreet.
- d) Hats, caps, feathers, flowers etc. on the head are not permitted.
- e) The use of props of any kind is not permitted.
- f) If a gymnast does not comply with the above, the head judge will ask him/her to change competition clothing. If a gymnast refuses to do so, the head judge may disqualify the gymnast from the competition.

**Attention:** More information under

<https://wheelgymnastics.sport/competition-clothing-in-wheel-gymnastics/>

## 2.4.2 Cyr Wheel

---

- a) The gymnast must keep the same costume throughout the routine
- b) The costume must be in good taste and not too permissive
- c) The gymnast's face must be visible
- d) The use of props in IRV competitions is **NOT** permitted

If the gymnast does not comply with the above, the head judge will ask him/her to change competition clothing. If the gymnast refuses to do so, the head judge will disqualify the gymnast from the competition.

If there is any doubt about these regulations, please contact the IRV

## 2.5 Competition areas

---

### Measurements

The width of the tape belongs to the competition area or safety zone.

Straight-line:	competition area	=	<b>3m x 23m</b>
	safety zone	=	<b>reg 7m x 27m</b>
	min		5m x 25m

Spiral/Cyr:	competition area	=	<b>13.5m x 13.5m</b>
	safety zone	=	<b>reg 17.5m x 17.5m</b>
	min		15.5m x 15.5m

Vault:	competition area	=	<b>3m x 23m</b>
	safety zone	=	<b>reg 7m x 23m</b>
	min		5m x 23m

The above-mentioned minimum safety zone measurements can only be used if the designated sports hall for an international competition is not large enough to mark all safety zones according to the maximum sizes. **This must be negotiated and agreed with the IRV in advance of the event.** In this case, the **safety zones** can be reduced to the above-mentioned minimum sizes.

### Preparation of the competition areas

The IRV Competitions Officer decides the number and spacing of the competition areas in the competition hall. **The local organiser will then prepare the competition areas.** These will be inspected and approved by the Competitions Officer before the beginning of the competition. The competition areas and safety zones will be marked with tape such that they are easily distinguishable from other markings in the competition hall.



The marking of the competition area and the marking of the safety zone should be done in different colours. The minimum width for marking is **10 cm**.

**Applying, changing and removing the tape is the sole responsibility of the local organiser. Any costs related to a damaged floor caused by persons who independently and not at the local organiser's command change or remove the tape will be chargeable to the perpetrator.**

## **2.6 Starting order Gym Wheel**

---

The system for deciding the competition starting order places the gymnasts into "blocks" before the draw is made within each block. This should ensure that gymnasts from the same nation are distributed within a competition category and that the top ranked gymnasts will start towards the end of the starting order. This system is described in detail in points a) - g).

- a) The start draw for the All Around junior/senior competition/ qualification will take place after arrival at the championships.
- b) Only one starting order will be drawn for each competition category (junior girls, junior boys, senior women and senior men). All registered competitors will be included in this list, regardless of discipline.
- c) **The gymnasts will start their first discipline in the drawn starting order.** Gymnasts registered for only one or two disciplines will only appear on the starting lists in the relevant discipline(s).
- d) **On the main registration form, countries are requested to put their gymnasts in a ranking order from 1 to 5 (where rank 1 = highest qualified gymnast).** This ranking order will determine the block in which the gymnast starts in the All Around competition/qualification. **There will be three blocks per starting list** (whereby the number of gymnasts per block will be determined by the total number of gymnasts registered for the All Around competition and the number of disciplines in which they are competing).

Block 1 □ first third of the starting list	}	Number of gymnasts
Block 2 □ second third of starting list		per block
Block 3 □ last third of starting list		can vary

**Table A**

Number of registered gymnasts per country in a competition category	Block 1 starts the competition	Block 2 follows after Block 1	Block 3 follows after Block 2
1 (single starter)	<b>See Table B</b>		
2		1	1
3	1	1	1
<b>4</b>	<b>1</b>	<b>1</b>	<b>2</b>
5	1	2	2

**Single starter** = e.g. Country X registers only **one gymnast** for the junior boys competition category. The number of disciplines this gymnast will compete in is irrelevant.

**Example:**

**Country XY registers 4 junior girls.**

This will give the following distribution in the starting order for the first discipline:

Name	Ranking list order	Block
Gymnast A	1	3
Gymnast B	2	3
Gymnast C	3	2
Gymnast D	4	1

IMPORTANT  Number of disciplines per gymnast makes no difference.

**Table B**

In the case of more than one single starter in a competition category, the single starters will be allocated to the different blocks according to the following quota system. The numbers under the blocks represent the order of the draw for single starters.

Number of registered single starters per competition category	Block 1	Block 2	Block 3
1 single starter			1
<b>2 single starters</b>		<b>2</b>	<b>1</b>
3 single starters	3	2	1
4 single starters	4	3	1 + 2
5 single starters	5	3 + 4	1 + 2
6 single starters	5 + 6	3 + 4	1 + 2

etc.

**In the case of 2 single starters, the first drawn gymnast will be in Block 3, while the second drawn gymnast will be in Block 2.**

- e) **The final starting order will be produced after a draw within each of the three blocks.** (This draw will take place at the delegation leaders' meeting.)
- f) In the starting list for the second discipline, the first gymnast from the first discipline will be moved to the end of the list for the second discipline.
- g) In the starting list for the third discipline, the first gymnast from the second discipline will be moved to the end of the list for the third discipline.

**Attention:**

Depending on the number of registered gymnasts in a competition category (e.g. senior women/senior men etc.) a **new timetable** for the **All Around senior qualification** can be implemented, whereby gymnasts will be able to complete their respective qualifying competitions within a few hours (instead of all day). The overall starting order will be decided in the same manner as described above, but the final start list will then be divided into a certain number of blocks for men and blocks for women (depending again on the total number of registered gymnasts).

- h) During the competition the starting order may only be altered in special cases and in agreement with the IRV Competitions Officer and/or competition committee.
- i) **The starting order for the All Around Semi-Finals and individual Finals will be determined by a start draw.**



## **2.7 Starting order Cyr Wheel**

---

The system for working out the starting order for the Cyr Wheel All Around competition will depend on the number of registered participants.

## **2.8 Warm-up**

---

The IRV Competitions Officer is responsible for organising the warm-up times.

## **2.9 Pocket Cards**

---

- a) "Pocket Cards" are used to list the difficulty elements of a straight-line or spiral routine. The list must contain the correct order of the difficulty elements in English and their correct notation from the difficulty catalogue.
- b) **The official IRV Pocket Card templates from the IRV homepage (<https://wheelgymnastics.sport/competitions/competition-rules/>) must be used.**
- c) **Pocket Cards must be submitted in advance.** The time and place for submission will be communicated on or before arrival at the championships.
- d) Pocket Cards **are supposed to be written on a computer and printed out.**
- e) Handwritten Pocket Cards must be legible ("readable"). The difficulty judges may reject a handwritten Pocket Card that they cannot read.
- e) In Gym Wheel, if a Pocket Card is not submitted, all contact with the judging panel and/or inquiries about the difficulty score after the routine are strictly forbidden.
- f) In Cyr Wheel, if a Pocket Card is not submitted, the gymnast will not be permitted to compete and the score given will be 0.

## **2.10 Delegation leaders, coaches, physiotherapists**

---

- a) Each delegation **can accredit a maximum of two persons as delegation leaders.** The number of permitted persons depends on the number of registered gymnasts (independent of category) per nation. For up to ten gymnasts, one person may be accredited as delegation leader. For eleven or more gymnasts, two persons may be accredited as delegation leaders.
- b) Each delegation **can accredit a maximum of five official coaches for Gym Wheel.** The number of permitted coaches depends on the number of registered Gym Wheel gymnasts (independent of category) per nation.





Example:	up to 4	gymnasts	□	2 coaches
	5 – 8	gymnasts	□	3 coaches
	9 – 12	gymnasts	□	4 coaches
	13 – 16	gymnasts	□	5 coaches
	17 or more	gymnasts	□	6 coaches

c) Each delegation **can accredit two coaches for Cyr Wheel**.

- Only **one coach** (must be **officially accredited**) per gymnast is allowed to enter the competition area.
- Coaches entering the competition area must wear delegation uniform (**track suit trousers, official team T-shirt** and/or **jacket**) and **sports shoes**.

d) Each delegation **can accredit 1 physiotherapist**.

## **2.11 First Aid**

---

The **local organiser is responsible** for the presence of a **first aid team in the competition hall during warm-up and competition**. A doctor and an ambulance must be quickly available.



## Appendix:

### Additional Cyr Wheel Competition

---

- Although there will be no other **official World Championship competition** apart from the one mentioned in the Competition Rules (see 1.3.7), the IRV is going to offer a second Cyr Wheel competition within the framework of the World Championship.
  - This competition is going to be carried out in the form of a “Battle” and **will be open for**
    - **All Cyr Wheel gymnasts** (female and male) **that started in the Cyr Wheel All Around competition.**
    - **All Gym Wheel gymnasts** (female and male, junior and senior) **that started in the Gym Wheel All Around competition** and are **NOT competing in the Gym Wheel All Around finals.**
  - The “Battle” is a “one against one” contest in which each contestant has the chance to show her/his skills (to music provided by a DJ) in two separate 30 sec intervals, after which a jury of three Cyr Wheel experts decides who will make it into the next round.
  - Gymnasts can register for the Cyr Wheel Battle in advance (with the Main Registration Document), but also during the World Championships where a deadline will be set to “sign in”.
  - The Battle will be carried out in two separate rounds:
    - In the first round, all the registered gymnasts will be drawn to compete in a “battle” against another gymnast. The best Cyr Wheel gymnasts from the All Around competition will be seeded so that they do not meet each other at the beginning of the Battle. This process will be repeated until no more than 8 contestants are left.
    - These final 8 contestants will continue the battle within the framework of the Gym Wheel All Around Finals, culminating in a Final Battle between the last two remaining contestants.
  - The battles will be presented/conducted by a speaker and a DJ.
  - The IRV will try to offer a reasonable prize for the winner.
- Attention:** More detailed information concerning the general set-up of the “Battle” will be published on the IRV website next year.