



11th DANISH OPEN/ HYGGE- CUP 2024

Official invitation

- Organizer:** TS Sonderburg
- The responsible:** Edgar Claussen; Tel.: 0049 461 5090002;
E- Mail: edgar.inke@gmail.com
- Date:** **Warm up** Friday, November 8th 2024 6.30 - 9.30 pm
- DANISH OPEN** Saturday, November 9th, 2024
Warm up 8.00 – 10.00 am
Start of the competition 10.15 am
- HYGGE- CUP** Sunday, November 10th, 2024
Warm up 8.00 – 10.00 am
Start of the competition 10.15 am
- Place of Competition:** Humlehøjhallen, Stråbjergvej, Sønderborg
- Competitions:** **DANISH OPEN All around competition**
Youth: - Years of birth: 2010 and younger
Junior: - Years of birth: 2006 – 2010
Senior: - Years of birth: 2008 and older

The current version of the IRV competitions rules and code of points will be valid for the "All around completion". (Code of points 2023+)

HYGGE- CUP Straight- line competition

AK: 7/8, 9/10, 11/12, Ü30

In the straight- line competition, all gymnasts have the opportunity to perform their routine twice. The better final result will then be taken into account.

The new version of the DTB competitions rules and code of points will be valid for the "Straight- line competition". (www.dtb.de/rhoenradturnen/).

HYGGE- CUP Double- competition

(straight- line and spiral or straight- line and vault)

AK: 13/14, 15/16, 17/18, Ü30

The current version of the IRV competitions rules and code of points will be valid for the "Double- competition". (Code of points 2023+)

Exception for spiral:

AK 13/14: 4 exercises for the difficulty

AK 15/16: 6 exercises for the difficulty

Registration:

Registration with the registration form up to the 20th of October, 2024 to Edgar Claussen;
edgar.inke@gmail.com

Registration fee:

The fee will be 20 €/ 150 dkr per gymnast for the HYGGE- CUP and 25 €/ 185 dkr per gymnast for the DANISH OPEN. The amount can be paid on arrival.

Judges:

Each club needs 1 judge for up to 5 athletes, 2 judges for up to 10 athletes and 3 judges for over 10 athletes.
Attention: We need judges for the new "code of points 2023+" - rules and the new DTB- rules!

Further information:

You can stay at a small gymnasium or at a hostel in the neighborhood

We would be delighted if as many gymnasts and spectators will come to our competition in Sonderburg/ Denmark!

Please fill in the registration form correctly and send it to edgar.inke@gmail.com

Registration deadline: **October 20th 2024**

Registration

Name of the club:

Name of representative/ coach:

Tel.:

E-Mail:

Athletes: DANISH OPEN All around competition

	m/ f	Name	Competition	Year of birth	Wheel size in cm		
					Straight- line	Spiral	Vault
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
11							
12							

Athletes: HYGGE- CUP Straight- line and double- competition

	m/ f	Name	Competition	Year of birth	Wheelsize in cm		
					Straight- line	Spiral	Vault
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
11							
12							

Judges:

Name	Grade	SL	SP	VT	E-Mail

Team competition Danish Open

For the team competition in gym wheel, three or four gymnasts form a team. They will perform four routines in total:

2 Straight-Line routines 1 Spiral routine 1 Vault

The routine with the lowest score will not be counted for the final team score.

Each participating club is allowed to register as many teams as they want, whereas no gymnast is allowed to compete for more than one team.

All gymnasts registered for the team competition must also take part in the individual competition.

There will be two separate team competitions, one for Youth/ Junior and one for the seniors.

Team Competition

	Name	Points
Straight-line 1		
Straight-line 2		
Spiral		
Vault		
Final result		

Team Competition

	Name	Points
Straight-line 1		
Straight-line 2		
Spiral		
Vault		
Final result		