



## **2025 Guidelines for the submission of new Gym Wheel elements and vaults**

Gymnasts are encouraged to submit new spiral or straight-line elements and vaults that are not in the IRV difficulty catalogue. The following rules apply:

### **Timeline**

- The new element or vault must be submitted by the national judging officer to the IRV Office ([office@wheelgymnastics.sport](mailto:office@wheelgymnastics.sport)) by 30 September for inclusion in the next year's difficulty catalogue. In 2025, this applies to the spiral and vault disciplines only.
- Straight-line elements can also be submitted but will not be evaluated until after the new IRV Difficulty Catalogue 2025+ has been implemented.

### **Recording**

- The new element or vault must be recorded in good quality using a landscape format (16:9) in HD (1280x720 pixels) or full HD (1920x1080 pixels).
- The recording must be made from a fixed position, showing the entire wheel.
- The new element or vault can be performed in a competition or a training setting.
- The gymnast must wear competition clothes as defined in the current IRV competition rules.
- One coach may spot the gymnast but must not touch the gymnast or the wheel during the whole recording. When spotting the gymnast, the coach must not block the view of the submitted element or vault.

### **Pre-requisites for evaluation**

- Submission of a new element:
  - The recording must show the element including the transitions in and out of the element. In case the gymnast performs a previous or subsequent element, this element must be cut from the recording prior to submission.
  - The new element will only be evaluated if performed without a fall or assistance from the coach.
- Submission of a new vault
  - The recording must show the full vault including the setting in motion of the wheel and the finishing pose with legs together after landing.
  - The new vault will only be evaluated if the gymnast lands feet first and demonstrates that the wheel has the correct size as stated in the current IRV Code of Points.
- A detailed description of the new element/vault must be provided.

### **Decision**

- The IRV Code of Points Team is responsible for evaluating the new element or vault.
- The IRV Code of Points Team may consult external individuals regarding the difficulty of the submitted element.