

This “Deductions Cheat Sheet” provides an overview of all neutral and execution deductions gathered together in one place for ease of use during competition. We hope you find it useful.

## Neutral Deductions

**GR** = General Regulations; **STL** = Straight-Line; **STL-M** = Straight-Line to music; **VLT** = Vault

		0.3	0.5	1.0
<b>GR</b>	Gymnast needs more than 15 seconds to start the routine or vault after signal from the head judge (exception for STL-M see STL 7.1.2)			X
	Coach enters the competition area more than once or moves/follows the wheel for more than one move within the safety zone		per move	
	Two coaches are within the competition area at the same time		per move	
	The wheel rolls out of the competition area but stays within the safety zone (only one deduction per move and occurrence, see CoP2026)	per move, per occurrence		
	The wheel rolls out of the safety zone		per occurrence	
	Missing move (straight-line and spiral)			per move
<b>STL</b>	Missing dismount			X
<b>STL-M</b>	Gymnast needs more than 15 seconds to begin moving into the starting position after signal from the head judge			X
	Audible cuts in the music (once per routine)		X	
	Bad recording quality (e.g. crackling sounds)		X	
	Inconsistent volume of the music		X	
	Choice of music not in accordance with guidelines (→ minor violation, see STL 7.1.1)			X
Music too short or too long		X		
<b>VLT</b>	Gymnast uses a wheel that is too small			X
	Coach standing on the landing mat		X	

# Execution Deductions

## General Regulations

	<b>0.1</b>	<b>0.3</b>	<b>0.5</b>	<b>1</b>
Incorrect head positioning	X	X		
Incorrect hand positioning	X	X		
Incorrect arm positioning	X	X		
Incorrect foot positioning	X	X		
Incorrect leg positioning	X	X		
Incorrect hip positioning	X	X		
Feet not parallel in straight positions in bindings		X		
Deviations from the ideal pike position (if recognised by the D-judges)		X (>15°)	X (>30°)	
Deviations from the ideal split position (180°) in moves requiring a split position (if recognised by the D-judges, if the D-judges do not identify a split position leading to a downgrading of the move, no deduction in execution will be applied)			X (>30°)	
Touching the floor with a hand or foot (NB: some moves require touching the floor!)		X		
Arm or foot support on the floor to avoid a fall			X	
Fall during a routine (see specific regulations for each discipline)				X
Assistance from a coach (also verbal cues or gestures)				X
Missing finishing pose		X		

## Straight-Line

	0.1	0.3	0.5	1
The gymnast bends down to re-secure the bindings (with his/her hands) after the routine has started (does not apply for straight-line routines performed to music)			X	
Rolling too far at the end of a length (wheel rolls beyond the rim handles)		X		
Position change does not take place within the prescribed transition zone (see Appendix STL A3)	X (minor)	X (major)		
Stationary wheel (interruption of movement)	X (brief)		X (significant)	
Rolling back in centralised moves			X	
The gymnast performs a single or multiple extra swing(s) (exception STL-M) (→ Appendix STL A4)			X (per unit)	
Deviations from the ideal vertical position in upper arm stand or handstand positions (if recognised by the D-judges)		X (>15°)	X (>30°)	
The landing mat is carried or pulled behind the rolling wheel, or is moved around significantly inside the competition area or safety zone, or the landing mat is carried by more than 4 helpers			X	
The wheel touches the landing mat before the gymnast has landed after the dismount			X	
The wheel touches the landing mat during the routine before the gymnast performs the dismount				X
Coach touches the gymnast or wheel before the gymnast has landed after the dismount				X
Uncontrolled body movements after landing a dismount ("shaking" of the body in order to maintain balance)	X (minor)	X (major)		
Uncontrolled arm movements after landing a dismount in order to maintain balance	X (minor)	X (major)		
Steps after landing a dismount (see description in CoP2026)	X	X		
Fall after a dismount				X
Gymnast brushes his/her hands on the floor on landing		X		
Hips below knee level on landing			X	

## Spiral

	<b>0.1</b>	<b>0.3</b>	<b>0.5</b>	<b>1</b>
Position change when the gymnast is the right way up does not take place between the two stride rungs	X (minor)	X (major)		
Position change when the gymnast is upside down does not take place between the two handle rungs	X (minor)	X (major)		
Change does not take place between the board rung against the original rolling direction and a point on the wheel rim halfway between the board rung and the stride rung in the original rolling direction of the wheel (extended zone for stride variations)		X		
Tipping the wheel at the beginning of a routine: The gymnast does not achieve the body position for the first move until after the stride rung in rolling direction has passed the floor		X		
Tipping from one rolling rim to the other: The change in rolling rims does not take place in the immediate vicinity of the boards (extended zone for stride variations)		X		
The transition from one move in small spiral to the next move in small spiral does not take place within one wheel rotation	1 extra	>1 extra		
More than 5 rotations in the transition from small spiral to big spiral or from small spiral to vertical spiral	1 extra	>1 extra		
More than 3 rotations in the transition from big spiral to small spiral and/or from small spiral to standing	1 extra	>1 extra		
More than 2 steps when stepping out of the wheel after the last move (finishing pose)	X			
Incomplete judging unit (1 single wheel rotation) in big spiral			X	
Briefly on both wheel rims (i.e. less than ¼ wheel rotation)			X	
Deviation from prescribed body positioning in the transition from big to small spiral		X		
The transition from small spiral to standing is not performed from the position of the preceding small spiral		X		
Incorrect angle of inclination (minor deviation)		per move		
Irregular circular path		per move		
Wheel travels noticeably across the floor in vertical spiral		per move		
Angle of inclination of the wheel obviously too low in big spiral			per move	
Angle of inclination of the wheel obviously too high in small spiral			per move	
More than 3 changes within one transition			X	

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The transition from small spiral to standing is performed with the circular path of a big spiral			X	
The transition to standing is not performed in the immediate vicinity of the midline between the legs		X (minor)	X (major)	
Fall				X
Wheel comes up into upright position on both rims				X
Incorrect continuation of a routine after a fall (see SPI 3.3)				X
Move cannot be defined as either small or big spiral (circular path of the wheel does not fit to either a small, big or vertical spiral)				X

## Vault

### VLT - Mounting Phase

	0.1	0.3	0.5	1
Incorrect/non-definable mounting phase				X
Take-off from the floor from one foot			X	
Insufficient height in mounting phase	X	X	X	X
Shoulders below (or weight resting on) the rims of the wheel in overswing vaults and pike mounts from front lying				X
Elbow angle less than 135° in the mounting phase of all vaults other than those performed with a handstand mount or with a pike mount from front lying.		X		
Elbow angle less than 90° in vaults performed with a handstand mount			X	
Elbows touching wheel in mounting phase				X
Body resting on elbows in overswing vaults performed from sitting or lying position			X	
Extra leg swing in a reverse mount onto the wheel			X	
Knee angle less than 90° as gymnast places feet on wheel in reverse mount			X	
Legs not straightened before thrust from wheel in vaults performed from a reverse mount		X		
Overswing vaults initiated by bending knees			X	
Flight phase in straddle vault (A1) initiated by bending knees			X	
Feet below the rims of the wheel in vault A6 (tuck over)				X
Major correction of holding, sitting, lying or standing position in order to maintain balance on top of the wheel			X	
Wheel touches the landing mats before the gymnast has left the wheel (without being severely impaired or slowed down)			X	
Wheel rolls into the landing mat such that the rolling movement is severely impaired and the wheel slows down considerably (in this case, the fixed 0.5 deduction for the wheel touching the mat will not be applied)				X

VLT - Flight Phase

	<b>0.1</b>	<b>0.3</b>	<b>0.5</b>	<b>1</b>
Lack of height in flight phase	X	X	X	X
Coach touches either gymnast or wheel after the gymnast has left the wheel but before he/she has landed				X
Gymnast in contact with wheel during flight phase				X
Lack of body extension immediately after thrust from wheel	X	X		
Hip angle more than 90° in pike straddle positions		X		
Knee angle more than 90° in tuck position		X		
Slightly bent knees in a pike somersault (up to 45° flexion)		X		
Legs not together in tuck/pike/straight positions		X		
Legs crossed during twists		X		
Up to 45° deviation from a full or half twist		X		
Tuck/pike/straddle position not executed at highest point of flight phase in vaults performed from a standing position on top of the wheel	X	X		
Hip angle in first half of straight front somersault less than 160° – NB: if the hip angle is less than 135° the somersault will be downgraded from straight to pike			X	
Hip angle in second half of a straight back somersault less than 160° (in this case no additional deduction for lack of extension before landing) – NB: if the hip angle is less than 135° the somersault will be downgraded from straight to pike			X	
Pike back somersault initiated with bent knees (i.e. gymnast uses knee bend to create initial rotation)			X	
Pike or straight gainer back somersault initiated with bent knees (i.e. gymnast uses knee bend to create initial rotation)			X	
Front somersault with ½ twist where the gymnast performs the half twist in the first half of the somersault			X	
Wheel brought out of line during thrust from wheel	X	X		
No identifiable handstand position during thrust from wheel in overswing vaults			X	
Twists initiated before thrust from wheel in twisting vaults			X	
Gymnast is still in contact with the wheel after the first ½ twist has been completed in overswing vaults with at least a full twist				X
Over rotation in somersault vaults (rotating too far)		X		

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Under rotation in somersault vaults (incomplete rotation)			X	
No preparation for landing (no opening of hip and/or knee angle before landing)			X	

VLT - Landing Phase

	<b>0.1</b>	<b>0.3</b>	<b>0.5</b>	<b>1</b>
Steps on landing (see description in CoP2026)	X	X		
Flight phase too short.			X	
Gymnast brushes his/her hands on the floor on landing		X		
Gymnast does not finish his/her vault in a standing position with feet together (even after a fall) (=no final position)		X		
Fall after landing on feet first				X
Uncontrolled body movements after landing a dismount or vault ("shaking" of the body in order to maintain balance)		X		
Uncontrolled arm movements after landing a vault in order to maintain balance		X		
Hips below knee level on landing (NB: If the low landing results in a fall on landing, both the deduction for hips below knee level on landing and for the fall will be applied.)			X	